CENTRE
INTERNATIONAL
D'ANTIBES

WELCOME PACK
PREMIUM WINTER IN RESIDENCE

JUAN-LES-PINS

Juniors 12-17 y.o

1 - WHAT TO PACK IN YOUR CHILD'S SUITCASE:

CLOTHES

- Sport clothes
- T-shirts
- Underwear
- Light pyjamas
- Trousers (jean style)
- Dresses
- Sweater for the evening
- Socks
- Pair of sandals (flip flops, crocks...)
- 1 jacket
- Walking Shoes

VARIOUS

- Pocket money (around 80-100 € per week)
- ID picture
- **Padlock with key**
- Water flask
- Cell phone / charger / adaptor for French plug
- Books (optional)
- Avoid precious objects: jewelry, electronic games etc.

JUST IN CASE

- Medicaments if needed (in origin boxes with prescription)

PERSONAL ITEMS

- Soap, shampoo (attention to aircrafts allowance)
- Toothbrush, toothpaste
- **1 Towel**
- Shower flip flops
- Deodorant
- Lenses / Glasses
- Hairbrush
- Hair gel, mousse, rubber or elastic head band
- Tissues
- Sun cream (high protection)
- Laundry bag

FOR SPORT

- Sneakers
- 1 beach towel
- Swimsuit
- Sunglasses
- Cap
- Sports pants / Shorts (jogging)

FOR SCHOOL

- Pencil case, pens
- Notebook
- Backpack

2 - FIRST STEPS IN FRANCE: ARRIVAL!

IMPORTANT NOTES

It is compulsory that you provide us no later than 4 weeks before your child's arrival, the details of his arrival (time, flight number or train number, where he is arriving, Unaccompanied Minor "UM" service).

Destination	Arrival train station	Arrival airport
Juan-les-Pins	Antibes Train Station	Nice Côte d'Azur Airport

RECEPTION UPON ARRIVAL

NICE AIRPORT:

A shared transfer is organized to the residence. Upon his/her arrival in Nice International airport, your child will be met by our representative who will be wearing **a yellow CIA T-shirt**.

We are offering several shared transfers during the day (approximately 2 in the morning and 3 in the afternoon). That means that before being transferred to the campus, **your child may have to wait, the time to gather students arriving via other incoming flights** (2 hours maximum). Your child will be supervised by a member of our staff during any waiting time spent at the airport.

ANTIBES TRAIN STATION:

A member of our staff will be present at the exit of the train station to welcome your child and ensure his/her transfer to the residence.

NOTES

If your child experiences any difficulties upon arrival, please ask him/her to go to the information desk at "Arrivals" or "Departures" and ask to contact us on this emergency number: **(33) (0)4 92 90 71 70**

IF YOUR CHILD IS TRAVELLING AS AN UNACCOMPANIED MINOR ("UM" SERVICE):

Your child will be picked up from the air hostess by one of our managers. We will let you know the name at the reservation. It is essential that you provide that name to the airline in order for your child to be handed over to our team.

NOTES

We will not be able to guarantee the presence of our manager on the ground if you haven't subscribed to the "UM" service pick up 2 weeks before your child's arrival. Please make sure to complete the "UM" file and pay the service to the airline for your child's return journey.

3 - ON SITE ORGANISATION

ARRIVAL DAY:

On their arrival at the residence, the students will be welcomed by our animation team that will provide them with a welcome pack including:

- The program for the weekly activities
- Their student card with the emergency number available 24/7
- A coloured bracelet depending on their activity group
- Our school rules (that they must sign)

Then our animation team will accompany them to their rooms. Finally, a guided visit of the residence as well as a welcome evening will allow them to discover the place and the other students.

FIRST DAY AT SCHOOL:

7:15 - 8:15am	8:30 - 8:45am	8:45am	9:30am	12:00pm	13:30pm
Wake up by the animation team and Breakfast	Meet up with the animators and departure with shuttle bus in front of the residence	Visit of the school and delivery of the welcome pack	French test	Lunch	Visit of Antibes

LESSONS:

IMPORTANT NOTES

Class attendance is compulsory!

Monday, Tuesday, Wednesday and Friday

(except the first Monday of their stay which is dedicated to the placement test)

Lists of students by class and level are displayed on Tuesday morning (School Hall).
No courses on public holidays, lessons are replaced by full day excursion/activity.

MEALS:

Breakfast	Residence or school restaurant (to be confirmed)
Lunch	School restaurant
Dinner	Residence or school restaurant (to be confirmed)
Week-end lunch	Packed lunch provided by the school

CURFEW RULES:

All outings are strictly controlled by our animators and covered by parental permission. **The conditions of the permission to leave depend on the age of the student.**
NO EXCEPTION WILL BE MADE.

8 - 12 YEARS OLD:

Outing only under supervision. Accompanied excursions and thematic events are proposed by our team.

13 - 15 YEARS OLD:

ALL students have AUTOMATIC permission to go out until 7.30pm.
NO GOING OUT PERMISSION after 7.30 pm

16 - 17 YEARS OLD:

ALL students have AUTOMATIC permission to go out until 7.30pm.
FOR THE EVENING, the parents will choose one of the below options:

OPTION 1:

- NO GOING OUT PERMISSION after 7.30 pm.

OPTION 2: AUTOMATIC EVENING PERMISSION as below:

- From Monday to Thursday until 10:00 pm
- Friday and Saturday nights as well as the eve of public holidays until 1am.
- Sundays until 7:30pm.

RULES OF THE SCHOOL

Your child must respect the rules of the school.

- We reserve the right **to take the necessary steps, going from a warning to different sanctions, towards the student who does not respect the rules.**
- Any consumption of **alcohol or drugs** is prohibited as per French law. Smoking is strictly prohibited inside the school & the residence.

IMPORTANT NOTES

- **Not respecting the rules regarding drugs, alcohol, tobacco, violence, theft, verbal or physical aggression, might lead to expulsion.**
- **In case of expulsion, parents will be informed and have 24h after the incident to provide the new departure details.**

SUPERVISION

1 supervisor for every 12 students aged 12-17

ACCESSIBILITY FOR PEOPLE WITH DISABILITIES

Some rooms and classrooms are equipped to accommodate individuals with reduced mobility or those with disabilities.

SERVICES

MAILS:

In order for your child to receive mail, it is important to respect the following template:

Mr./Miss (Student surname and name)
Centre International d'Antibes
38 Bd d'Aguillon - 06600 Antibes

PRECIOUS OBJECTS:

It is recommended to check that your child does not have any valuable belongings on him/her.

The head of the school can keep sealed for the entire length of the trip passports or travel tickets on simple demand. In no way does the school accept cash, checks or any other type of payment method.

The school is not responsible for any eventual theft amongst students.

HOUSEKEEPING:

Rooms are completely cleaned once a week (on Saturday). Sheets are also changed once a week. A quick clean up takes place every day but can't be compared to hotel housekeeping in anyway.

SHEET AND TOWELS:

Sheets : Provided

Towels : NOT provided

LAUNDRY SERVICE AVAILABLE ON SITE

For your convenience, laundry facilities are available in the residence.
Cost per wash: 4–6 € on average.

MEDICAL VISITS:

It is possible that your child may need a medical visit. The cost of the visit is his/her responsibility and immediately paid to the doctor who comes to visit him or whom he/she visited:

- Estimated price for a doctor who comes to see the patient: 45€
- Estimated price for a visit to a general practice doctor: 23€
- Estimated price for a visit to a specialised doctor: 45€

HOSPITAL STAYS:

If you live in the European Union, your child will have to present the European Health Insurance Card but it does not necessarily exempt from paying medical fees at the hospital.

In any case, you must pay of all the costs involved for your child before he/she is released from hospital, then you can contact your health insurance for a refund. You will have to reimburse all medical expenses that could possibly be engaged by CIA for your child within 48 hours.

POCKET MONEY:

We recommend 80€ to 100€ per week pocket money for the students.

Please note that there are 50€ administration fees if you want to send money to your child through the school.

4 - HOW TO GET TO SCHOOL ?

A free shuttle is organised from Monday to Friday from residence to school in the morning.

There is no shuttle back to the residence after the lessons as students go with the monitors to activities, excursions or have free time.

5 - RESIDENCES AND SCHOOL ADDRESSES

SCHOOL « LE CHÂTEAU »

28, Avenue du Château
06600 Antibes

RESIDENCE « CASTEL ARABEL »

3, Chemin de la Pinède
06160 Antibes Juan-Les-Pins

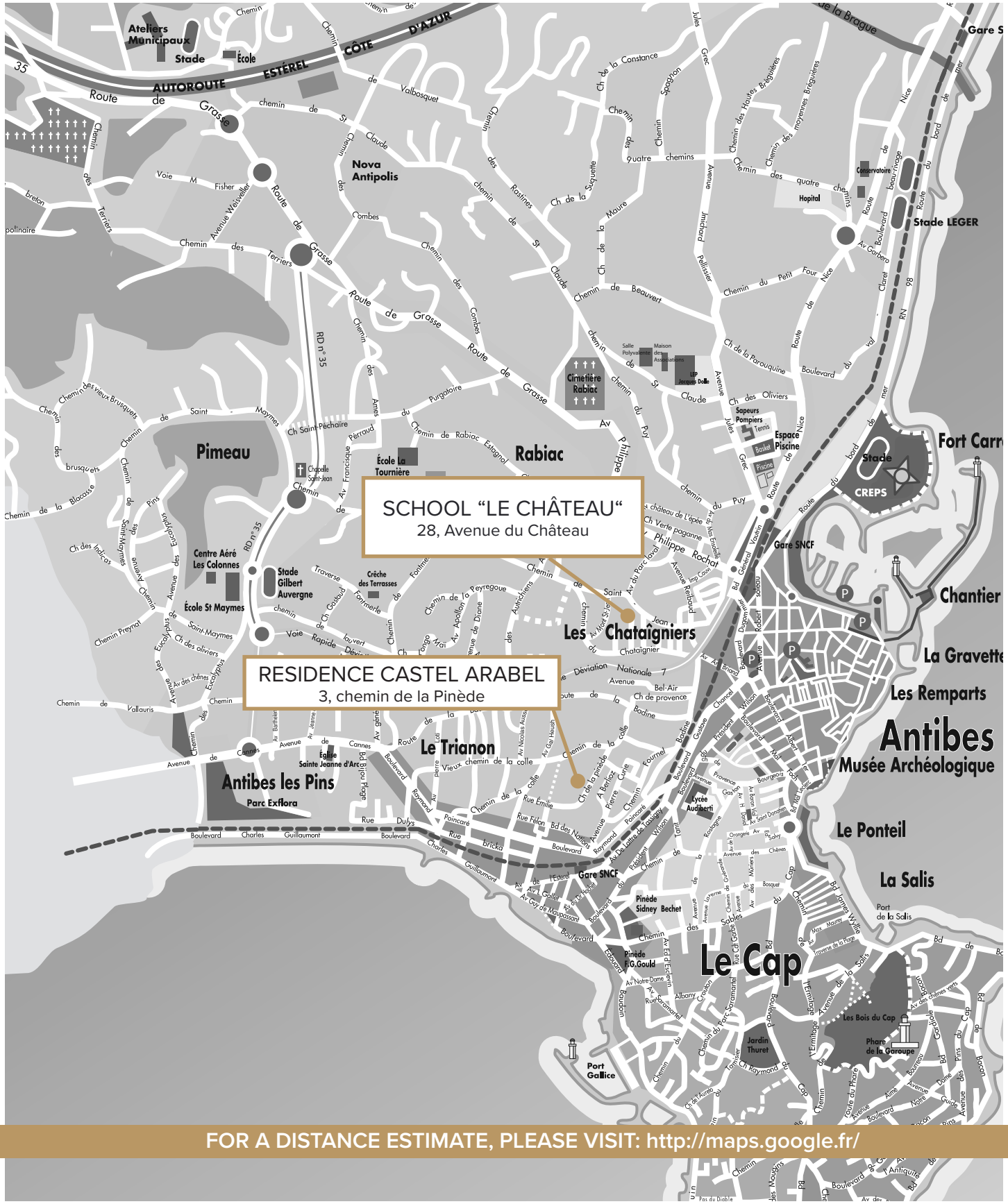
IMPORTANT NOTES

Students have their lessons at **SCHOOL LE CHATEAU** and are accommodated in our residence **CASTEL ARABEL,** 2km from the school.

Emergency phone number during the weekends:
+33 (0)4 92 90 71 70

6 - MAP OF THE CITY

ANTIBES/JUAN-LES-PINS



FOR A DISTANCE ESTIMATE, PLEASE VISIT: http://maps.google.fr/