



2012

**WELCOME
INFORMATION PACK**

ADULTS (18 y.o. +)

Centre International d'Antibes

WELCOME INFORMATION PACK FOR ADULTS



CENTRE INTERNATIONAL
D'ANTIBES

Dear student,

You are about to come and join us in Antibes and we are getting ready to welcome you.

You will find enclosed information which will help you settle in here and in our school on your first day.

We wish you a very pleasant trip.
See you soon!



IF YOU ARE ACCOMMODATED IN A HOST FAMILY:

YOUR ARRIVAL IN ANTIBES

On the Sunday of your arrival, in the event of a problem, we can be contacted at (33) (0)4 92 90 71 70 **from 11.00 a.m. to 7.30 p.m.** Outside these hours, please call your host family.

Your host-family will be waiting for you at the railway station or at the Nice-Côte d'Azur airport.

➤ From Nice Côte d'Azur Airport:

A member of your host-family will be waiting for you at the International Arrivals exit, holding up a sign with your name. If you cannot see them, go to the "Information" counter, located near the flights exit, and ask if there is a message for you. Otherwise call your host-family or call us at (33) (0)4 92 90 71 70.

➤ From Antibes railway station:

A member of your host-family will be waiting for you in the main hall at the train station, holding up a sign with your name. If you cannot see them, call your host-family or call us at (33) (0)4 92 90 71 70

➤ For those of you who will be arriving in Antibes by their own means:

You should arrange to meet your host-family in a location that is easy to find e.g.: Antibes railway station.

BED LINEN AND TOWELS

Sheets: **supplied**

Towels: **not supplied**

Those families who choose to wash the student's clothes in their own machines will charge the students 2 € per wash.



In the garden with a host family



Our school « Le Château »



« Salis », Sandy Beach in Antibes

It is essential that you let us know your complete arrival details as soon as possible. We must have them before 12.00 on the Monday prior to your arrival!

HOW TO REACH THE STUDENTS?

BY MAIL:

The student will be able to give his host family's home address to his/her contacts, as follows:
Mr / Mrs / Ms (student's last name).....
C/O Mr & Mrs (host family's last name).....

BY PHONE:

The student can be reached by phone in his/her host family. For making their own calls, the student will be able to use the school's public phones.

ROOM

We kindly ask you to keep your room tidy and to leave it as clean and tidy as you found it upon your arrival.

Any damage caused by the student will be at his/her own expense.

MEALS

- **Breakfast:** Every day with your host family
- **Half board:** Breakfast and dinner every day with your host family

Note: In France breakfast usually consists of coffee or tea with bread, butter and jam. Therefore, breakfast may not be considered as a real meal and families may or may not have breakfast together.

However, they do have dinner together. Do not be surprised if you are served water (mineral or from the tap) because, despite the general perception, many French people do not drink wine with their meals.

IF YOU ARE ACCOMMODATED IN A RESIDENCE:

YOUR ARRIVAL IN ANTIBES

On the Sunday of your arrival, in the event of a problem, we can be contacted at **(33) (0)4 92 90 71 70** from 11.00 a.m. to 7.30 p.m. Outside those hours, you can call the residence directly

You will be welcomed at your residence on the day of your arrival from 11.00 a.m. to 7.30 p.m. but the key for your room will only be available from 4.00 p.m.

If you have booked a transfer:

- **From Nice-Côte d'Azur Airport :**

A driver will be waiting for you at the International Arrivals exit, holding up a sign with either your name or "**CENTRE INTERNATIONAL D'ANTIBES (C.I.A.)**".

If you cannot see him, please go to the "Information" counter (located near the flights exit) and ask if there is a message for you.

Otherwise call **(33) (0)4 92 90 71 70** or your residence (if you do not reach anybody, please call the emergency number of the residence).

- **From Antibes railway station :**

A driver will be waiting for you in the main hall at the train station, holding up a sign with either your name or "**CENTRE INTERNATIONAL D'ANTIBES (C.I.A.)**".

If you cannot see him, please call **(33) (0)4 92 90 71 70** or your residence (if you do not reach anybody, please call the emergency number of the residence).





School self-service restaurant

If you haven't booked a transfer:

➤ From Nice-Côte d'Azur Airport :

Bus Xpress N° 250: From Terminal 1 and 2 to Antibes. Every day (except 01/05) from 08:00 am to 8:20 pm ≈ 8 € (subject to change).

Students accommodated at **Garret** and at the **Ambassadeur Hôtel** should get off at "Place Charles de Gaulle" in the centre of Antibes and take a bus connection from there.

Students being accommodated in **Castel Arabel** and **Aragon** should get off at the stop "La Régence".

<u>Airport Information</u> :	(33) (0)820 423 333
<u>Bus information</u> :	(33) (0)493 39 11 39
<u>Taxi</u> :	≈ 50 / 70 €
<u>Train</u> :	Nice airport is not served by the railway.
<u>Information</u> :	www.sncf.com

➤ From the railway station :

There are two stations, one minute away from each other:

- ✓ Antibes Station: all trains stop
- ✓ Juan-les-Pins Station: less often served

Bus: All our residences are served by public transport. Please find below the indication for the closest stop to your residence.

THE SERVICES

RESIDENCE GARRET

28, Avenue du Château
(next to "Rond Point du Châtaigner")
06600 Antibes

☎ : (33) (0)4 93 33 83 51

Emergency number: (33) (0)6.20.87.34.35

Reception hours:

From Monday to Friday: 8.00 am – 1.00 pm
Saturday: 9.00 am – 12.00 pm
Sunday: 11.30 am – 7.30 pm

If you arrive Saturday or outside these hours, we ask you to book a transfer with us as our driver will give you the key for your room and help you to settle in.

On the day of departure, you must leave your room clean and tidy **by 10.00 a.m.**

Room's availability:

The key for your room will be available **from 4.00pm**

	Closest train station	Closest bus stop
Residence Garret	Antibes Station (1Km)	"Le Mont St Jean"
Residence Castel Arabel	Juan-les-Pins Station (800 m)	"La Régence"
Residence Aragon	Juan-les-Pins Station (800 m)	"La Régence"
Ambassadeur Hotel	Juan-les-Pins Station (500 m)	"Ambassadeur"

If you booked a transfer with us, it is essential that you inform us of your precise arrival time before 12.00 p.m. on Tuesday prior to your arrival. If these details are not received by this deadline, we cannot guarantee your transfer and you will be obliged to take a taxi (50-70€)

Please make sure you reach your residence during reception opening hours. If you arrive on Saturday or outside these hours, please book a transfer with CIA.

With the exception of the Hotel Ambassadeur, all the accommodations are "tourist residences" and therefore the students are responsible for cleaning their room.

BED LINEN & BATH TOWELS

- ✓ **Sheets** : supplied
- ✓ **Towels** : not supplied

(except at the "Hôtel Ambassadeur")

CITY TAX

- ✓ **Residence "Garret"**
- ✓ **Residence "Aragon"**
- ✓ **Residence "Castel Arabel High"**
≈ 1,00 € per person and per night
- ✓ **Residence "Castel Arabel Medium"**
- ✓ **Residence "Castel Arabel Budget"**
≈ 0,40 € per person and per night
- ✓ **"Hotel Ambassadeur"**
≈ 1,30 € per person and per night

This tax is subject to changes during the year.



RESIDENCE CASTEL ARABEL (High & Medium standard)

3, Chemin de la Pinède (near "Square Vilmorin")

06160 Juan-Les-Pins

☎ : (33) (0)4 93 61 38 85

Emergency number: (33) (0)6.11.77.35.39

Reception hours:

Monday to Friday: 5.00 p.m. – 7.00 p.m.
Saturday: 9.00 a.m. – 12.00 p.m.
Sunday: 11.30 a.m. – 7.30 p.m.

If you arrive outside these hours, we ask you to book a transfer with us as our driver will give you the key for your room and help you to settle in.

On the day of departure, you must leave your room clean and tidy **by 10.00 a.m.**

Room's availability: The key for your room will be available **from 4.00 p.m.**

RESIDENCE ARAGON

65 Chemin Fournel Badine

06160 Juan-Les-Pins

☎ : (33) (0)4 93 61 22 08

Reception hours:

Monday to Friday: 5.00 p.m. – 7.00 p.m.
Saturday: 9.00 a.m. – 12.00 p.m.
Sunday: 11.30 a.m. – 7.30 p.m.

If you arrive outside these hours, we ask you to book a transfer with us as our driver will give you the key for your room and help you to settle in.

On the day of departure, you must leave your room clean and ordered **by 10.00 a.m.**

Room's availability: The key for your room will be available **from 4.00 p.m.**

HOTEL AMBASSADEUR

50-52 Chemin des Sables

06160 Juan-Les-Pins

☎ : (33) (0)4 92 93 74 10

Reception hours:

The Hotel's reception staff will be there to welcome you at any time. If you will be arriving after 10.00 p.m., please be kind enough to keep us informed.

On the day of departure, the checking out time is **10.00 am.**

Room's availability: You will be given your room key upon arrival.

ROOM

We kindly ask you to leave your room in a perfect state of order and cleanliness.

If this is not the case, 50€ will be deducted from your deposit in order to pay for the cleaning of the room. Any loss or damages caused by the student will be at his/her own expense.

PARENTS & KIDS PROGRAM

Parents and their child (children) will have to be at school Le Château at 8.45 on Monday morning. Children with courses will be taken care of from there.



SECURITY DEPOSIT

In all our residences, a deposit of 200 € per person will be collected. It will be returned to you in full on the day of your departure, unless the room hasn't been left in the same condition as you found it when you arrived or if there is damage to the property or loss. The deposit may be given in cash, credit card or travellers' cheques.

MEALS

Breakfasts No breakfast included. Breakfasts can be taken at the school "Le Château", for an additional charge of 4 € (You will be informed about the breakfast time on your arrival).

Lunches We have a self-service restaurant in the school "Le Château". Lunches are paid for at the time of purchase.

MORNING TRANSFER TO SCHOOL

A shuttle (from "Castel Arabel" / "Aragon") to the school will be provided for 1€, in the morning only, to take you to school, in time to have breakfast there if desired.

On the day of your arrival, a letter will be waiting for you in your room, indicating the time and the exact location of the shuttle.

FIRST DAY OF CLASS

Standard Courses

You will meet at 8.45 a.m. at the school reception:

Ecole du Château / Garret Residence

28, Avenue du Château
06600 Antibes

During your first morning, a welcome meeting will be organised to introduce you to the school and its staff, then we will take you for a tour of Antibes with the other new students.

In the afternoon (1.30 p.m.) you will take a written test and an oral test (one to one with a teacher). This will allow us to ascertain your level of French and form homogeneous groups. Your class and the room number with the teacher's name will be posted the next morning on the information board adjacent to the classrooms.

NOTE: No courses are held on French bank holidays.

Individual courses and Manager Courses

The meeting time and place is at 8.45 a.m. at the school reception hall, where your teacher will be waiting for you.

Lunch

Lunch is served at the school restaurant from 12.00 to 1.30 p.m.

The activity and excursion program

You will be informed about the program at the information desk of the school.

